Insurance Company 1: Plan Option 1

Coverage for: Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.[insert].com or call 1-800-[insert] to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$500/Individual or \$1,000/family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	Yes. \$300 for <u>prescription drug</u> <u>coverage</u> and \$300 for occupational therapy services.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> \$2,500 individual / \$5,000 family; for <u>outof-network providers</u> \$4,000 individual / \$8,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.[insert].com or call 1-800-[insert] for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$35 <u>copay</u> /office visit and 20% <u>coinsurance</u> for other outpatient services; <u>deductible</u> does not apply	40% <u>coinsurance</u>	None	
If you visit a health care provider's office or clinic	Specialist visit	\$50 <u>copay</u> /visit	40% <u>coinsurance</u>	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by 50% of the total cost of the service.	
	Preventive care/screening/ immunization	No charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$10 copay/test	40% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	\$50 <u>copay</u> /test	40% <u>coinsurance</u>		
If you need drugs to treat your illness or	Generic drugs (Tier 1)	\$10 copay/prescription (retail & mail order)	40% <u>coinsurance</u>		
condition  More information about	Preferred brand drugs (Tier 2)	\$30 <u>copay</u> /prescription (retail & mail order)	40% coinsurance	Covers up to a 30-day supply (retail subscription); 31-90 day supply (mail order	
prescription drug coverage is available at	Non-preferred brand drugs (Tier 3)	40% <u>coinsurance</u>	60% coinsurance	prescription).	
www.[insert].com	Specialty drugs (Tier 4)	50% <u>coinsurance</u>	70% <u>coinsurance</u>		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$100/day <u>copay</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by 50% of the total cost of the service.	
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% coinsurance for anesthesia.	
	Emergency room care	20% <u>coinsurance</u>	20% <u>coinsurance</u>		
If you need immediate medical attention	Emergency medical transportation	20% <u>coinsurance</u>	20% coinsurance	None	
	<u>Urgent care</u>	\$30 <u>copay/visit</u>	40% <u>coinsurance</u>		
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% coinsurance	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
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				50% of the total cost of the service.	
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u> for anesthesia.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$35 <u>copay</u> /office visit and 20% <u>coinsurance</u> for other outpatient services	40% <u>coinsurance</u>	None	
abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>		
	Office visits	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Cost sharing does not apply to certain	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% <u>coinsurance</u>	<u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply. Maternity	
	Childbirth/delivery facility services	20% coinsurance	40% <u>coinsurance</u>	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	60 visits/year	
	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	60 visits/year. Includes physical therapy,	
	Habilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	speech therapy, and occupational therapy.	
If you need help	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	60 visits/calendar year	
recovering or have other special health needs	Durable medical equipment	20% <u>coinsurance</u>	40% coinsurance	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.	
	Hospice services	20% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by 50% of the total cost of the service.	
If your child needs	Children's eye exam	\$35 <u>copay</u> /visit	Not covered	Coverage limited to one exam/year.	
dental or eye care	Children's glasses	20% <u>coinsurance</u>	Not covered	Coverage limited to one pair of glasses/year.	
defination cycloard	Children's dental check-up	No charge	Not covered	None	

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care
- Infertility Treatment

- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing

- Routine eye care (Adult)
- Routine Foot Care

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture (if prescribed for rehabilitation
- Chiropractic Care

• Weight Loss Programs

purposes)

Hearing Aids

Bariatric Surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

## Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 [insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$50
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

	Total Example Cost	\$12,800
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#### In this example, Peg would pay:

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Cost Sharing		
Deductibles	\$500	
Copayments	\$300	
Coinsurance	\$2,300	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$3,160	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

#### In this example, Joe would pay:

Cost Sharing		
Deductibles*	\$800	
Copayments	\$1,200	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$2,360	

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
Specialist copayment	\$50
Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

## In this example, Mia would pay:

Cost Sharing		
Deductibles*	\$700	
Copayments	\$50	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,050	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: [insert].

\*Note: This plan has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.